

Saskatchewan Spine Pathway

Assessment and Management of Low Back and Leg Pain

Friday, April 20, 2018 12:30 – 5:00 pm
Saskatoon City Hospital, Asher Auditorium

This 4-hour workshop provides a practical hands-on approach to assessing and treating patients with low back and leg pain. Following the workshop, participants will be able to:

- Obtain a relevant history and physical exam;
- Recognize patterns of low back pain;
- Identify red flags and serious pathology;
- Initiate appropriate primary care; and
- Determine appropriate use of medical imaging and surgical referral.

AGENDA

12:30-1:00	Registration
1:00 - 1:15 pm	Welcome and introduction
1:15 – 1:45 pm	History taking
1:45 – 2:45pm	Physical examination, including hands-on and patterns of pain
2:45 – 3:00 pm	BREAK
3:00 – 4:00 pm	Non-surgical treatment - pain control strategies and treatment for lower back pain including hands-on
4:00-4:15 pm	Red Flags
4:15-4:30 pm	Q&A
4:30 – 5:00 pm	Hands-on practice of assessment with the Spine Clinic Therapists

This Group Learning program has been certified by the College of Family Physicians of Canada for up to 8 Mainpro+ credits.

Post-reflective assignments will be distributed to attendees via email approximately 4-6 weeks following the live session. Upon completion of the post-reflective assignment, family physicians will receive a certificate of completion which they must submit to the *College of Family Physicians of Canada* to claim their Mainpro+ credits.

Reciprocal recognition is also available through the Saskatchewan Chiropractic Association.