






SASKATCHEWAN AND AREA PHYSICAL THERAPY CLINICS PROVIDING TREATMENT FOR PELVIC FLOOR DYSFUNCTION




















(This list is not definitive and is subject to change.)

All licensed physical therapists are able to provide **external** pelvic assessment and treatment. Please check with your physical therapist to see if they are further qualified by the standards of their provincial College of Physical Therapists to perform **internal** pelvic floor services.

Limited public physiotherapy programs are available at no cost to the client. The majority of physiotherapy services require direct payment by clients. Fees for physiotherapy services may be covered by private or supplemental health insurance. Please verify with each facility, as this list is subject to change.










This document has been compiled with the help of the Saskatchewan Pelvic Floor Pathway and the Saskatchewan Ministry of Health. **Find more** pelvic floor information at: www.sasksurgery.ca/patient/pelvicfloor.html

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|  No cost to patient |  Requires referral from a physician/nurse practitioner |  Also offers pelvic floor therapy for men. (If this icon is not present, pelvic floor therapy is for women only.) |
|  Fee for service |  No referral required Contact clinic for appointment | |



| SASKATOON AND AREA | | |
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| Armstrong's Physiotherapy Clinic - Mount Royal 1629 29th Street West, Saskatoon, SK www.armstrongphysio.com | Phone: 306-978-2424 Fax: 306-978-2232 |   |
| Armstrong's Physiotherapy Clinic – Stonebridge #23 - 118 Cope Crescent, Saskatoon, SK www.armstrongphysio.com | Phone: 306-653-3838 Fax: 306-343-1788 |   |
| Bourassa & Associates - Saskatoon Market Mall 68 - 2325 Preston Ave, Saskatoon, SK www.bourassarehab.com | Phone: 306-665-1962 Fax: 306-975-0109 |    |
| Bourassa & Associates – Venture Clinic 109 – 294 Venture Crescent, Saskatoon, SK www.bourassarehab.com | Phone: 306-665-1962 Fax: 306-975-0109 |    |
| Bourassa & Associates- Eastend Clinic (Orthopaedic Associates) #2 - 117 Slimmon Road, Saskatoon, SK www.bourassarehab.com | Phone: 306-665-1962 Fax: 306-975-0109 |    |
| CBI Physical Rehabilitation 5 – 419 Ludlow Street, Saskatoon, SK www.cbi.ca/Saskatoon | Phone: 306-664-7275 Fax: 306-664-7333 |   |
| Craven S.P.O.R.T. Services #3 – 701 2nd Avenue North , Saskatoon, SK www.cravensportservices.ca | Phone: 306-934-2011 Fax: 306-934-2012 |   |
| Donald Physiotherapy 80 - 3211 Preston Avenue, Saskatoon, SK www.donaldphysiotherapy.com | Phone: 306-933-3372 Fax: 306-933-3373 |   |
| Lead Integrated Health Therapies 214 Joseph Okemasis Drive, Saskatoon, SK http://www.leadpilates.com/lead-pelvic-floor-health/ | Phone: 306-955-5558 Fax: 306-955-5571 |    |



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| Lifemark Clinic 304 – 3907 8 th Street East, Saskatoon, SK www.lifemark.ca/8th-Street | Phone: 306-652-5151 Fax: 306-652-5153 | \$  |
| McInnes Physiotherapy 3 – 616 10 th Street East, Saskatoon, SK www.mcinnestherapy.ca | Phone: 306-931-2858 Fax: 306-931-2847 | \$   |
| Nomad Therapies 100 - 1202 Emerson Avenue, Saskatoon, SK www.nomadtherapies.ca | Phone: 306-382-2939 Fax: 306-934-2517 | \$  |
| Pelvic Floor Rehabilitation Program Saskatoon City Hospital, 701 Queen Street, Saskatoon, SK | Phone: 306-655-8208 Fax: 306-655-8236 |   |
| Saskatchewan Pelvic Floor Pathway Clinic Saskatoon City Hospital, 701 Queen Street, Saskatoon, SK www.sasksurgery.ca/patient/pelvicfloor.html | Phone: 306-655-7901 Fax: 306-655-7918 |   |
| Saskatoon Community Clinic Requires referral from within community clinic 455 – 2 nd Avenue North, Saskatoon, SK | Phone: 306-664-4259 Fax: 306-975-2188 |   |
| Urology Centre of Excellence, St. Paul's Hospital Men only – pre and post prostatectomy 1702 - 20 th Street West, Saskatoon, SK | Phone: 306-655-5072 Fax: 306-655-5082 |   MEN ONLY |
| Warman Physiotherapy and Wellness 105 Klassen Street, Warman, SK www.warmanphysio.com | Phone: 306-341-9161 Fax: 306-373-9357 | \$  |



| REGINA AND AREA | | |
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| Saskatchewan Pelvic Floor Pathway Clinic Regina Centre Crossing, Surgical Assessment Centre 1621 Albert Street, Suite 102, Regina, SK www.sasksurgery.ca/patient/pelvicfloor.html | Phone: 306-766-0482 Fax: 306-766-7137 |   |
| Brownstone Health 1455 Rose Street, Regina, SK www.brownstonehealth.ca | Phone: 306-779-1275 Fax: 306-779-1276 | \$  |
| Synergy CBI 2332 Scarth St. Regina SK www.cbi.ca/web/physiotherapy-regina-scarth | Phone: 306-569-6683 Fax: 306 569-6978 | \$   |
| CBI Park Street 2073 Park Street, Regina, SK Website search “CBI Park Street” | Phone: 306-994-3391 Fax: 306-522-8268 | \$  |
| Regina Sports and Physiotherapy Clinic 1524 Albert Street, Regina, SK www.reginaphysio.com | Phone: 306-522-4995 Fax: 306-352-1735 | \$   |
| Bourassa & Associates 5 – 5875 Rochdale Blvd, Regina, SK www.bourassarehab.com | Phone: 306-546-3210 Fax: 1-866-340-0109 | \$   |



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| Stapleford Physiotherapy 1712 Badham Blvd, Regina, SK www.staplefordhealth.ca | Phone: 306-543-0990 Fax: 306-545-5634 | \$  |
| Emerald Physiotherapy and Rehabilitation 336 Great Plains Road, Emerald Park, SK www.emeraldphysio.ca | Phone: 306-347-1999 Fax: 306-347-1998 | \$  |


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| BUFFALO NARROWS, LA LOCHE, ILE A LA CROSSE | | |
| Saskatchewan Health Authority, Physical Therapy Department | Phone: 306-235-3001 (Buffalo Narrows) Phone: 306-822-3210 (La Loche) Phone: 306-833-3397 (Ile a la Crosse) Fax: 306-235-4390 |   |




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| ESTEVAN | | |
| St. Joseph's Hospital 1176 Nicholson Road, Estevan, SK | Phone: 306-637-2410 Fax: 306-637-2485 |   |

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| FORT QU'APPELLE | | |
| Bourassa & Associates 450 8 th St (All Nations Healing Hospital), Fort Qu'Appelle, SK www.bourassarehab.com | Phone: 306-546-3210 Fax: 1-866-340-0109 | \$   |





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| LANIGAN | | |
| Bourassa & Associates 305 Highway #4 North, Rosetown, SK www.bourassarehab.com | Phone: 306-365-2015 Fax: 1-866-340-0109 | \$   |

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| LLOYDMINSTER | | |
| Lloydminster Hospital, Therapies Department 3820 – 43 rd Avenue, Lloydminster, SK | Phone: 306-820-6055 Fax: 306-820-6165 |   |

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| MOOSE JAW | | |
| CBI Health Centre 27 High Street East, Moose Jaw, SK www.cbi.ca/Moose-Jaw | Phone: 306-692-4413 Fax: 306-692-4919 | \$  |

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| NORTH BATTLEFORD | | |
| CBI Physical Rehabilitation Centre 9800 Territorial Drive, North Battleford, SK www.cbi.ca/web/physiotherapy-north-battleford-territorial | Phone: 306-446-5670 Fax: 306-446-5671 | \$  |
| Primary Health Centre 101 – 11427 Railway Avenue, North Battleford, SK | Phone: 306-446-6459 Fax: 306-446-6432 |   |

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| OUTLOOK | | |
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| Sim Physiotherapy 215A Franklin Street, Outlook, SK | Phone: 306-867-2088 Fax: 306-867-2098 | \$  |
| PRINCE ALBERT | | |
| Physio Fit Therapy & Fitness 365 – 36th Street West, Prince Albert, SK www.physiofitpa.vpweb.ca | Phone: 306-764-3479 Fax: 306-764-3479 | \$  |
| ROSETOWN | | |
| Bourassa & Associates 305 Highway #4 North, Rosetown, SK www.bourassarehab.com | Phone: 306-546-3210 Fax: 1-866-340-0109 | \$   |
| SWIFT CURRENT | | |
| Central Avenue Physiotherapy 302 Central Avenue North, Swift Current, SK www.achesandsprains.ca | Phone: 306-773-8313 Fax: 306-773-8316 | \$   |
| STRIDE Physio & Performance 220 1st Avenue NW, Swift Current, SK www.hityourstride.ca | Phone: 306-778-7770 Fax: 306-778-7710 | \$   |
| TISDALE | | |
| Bourassa & Associates 701 100th Street, Tisdale, SK www.bourassarehab.com | Phone: 306-873-3744 Fax: 1-866-340-0109 | \$   |
| OUT OF PROVINCE SERVICES NEAR SASKATCHEWAN BORDERS | | |
| Alberta Physical Therapy 106 1235 Southview Drive SE, Medicine Hat, AB www.aptcinc.ca | Phone: 403-527-9477 Fax: 403-527-8274 | \$   |
| Theracare Physiotherapy 118 – 3030 13th Avenue SE, (Co-op Mall), Medicine Hat, AB www.theracarephysio.com | Phone: 403-488-7888 Fax: 403-487-5445 | \$   |
| Element Physiotherapy 339 Princess Avenue, Brandon, MB www.elementphysio.ca | Phone: 204-728-4466 Fax: 204-728-9009 | \$   |
| Physio4U 459 23 rd Street, Brandon, MB www.physio4u.net | Phone: 204-725-4066 Fax: 204-725-0012 | \$   |